

# Happy Talk



S.I. San Bernardino  
Golden West Region

November, 2018

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## Members Savor The Flavor!

First of all I would like to thank each of you for all of your help with our 2nd Savor The Flavor beer event. I sincerely appreciate all the time given, your contributions and donations, your helping with various tasks and assignments to make the event a success. Our club may be small, but we are mighty when we all work together! I can't wait to discuss the success of the event with you all at our November 1 business meeting.

The Golden West Region District 1 Fall Meeting in Riverside was attended by myself, Gladys and Barbara. The meeting was interesting and informative and we look forward to sharing the infor-

mation with our club members at the business meeting. As we wind down the calendar year, SI San Bernardino will be busy seeking applications for our Live Your Dream Award, preparing for our annual Holiday Auction and the Ornament Exchange in December. We'll be looking to plan ahead for our 2019 events and continue to work on membership recruitment.

In closing, we need to remember that our members are women at their BEST helping other women be their BEST!

We cannot underestimate ourselves. Each of us has our own unique strengths



**I'm Pooped**

and we have to focus on perfecting them. Don't ever doubt your worth!!

I am looking forward to the coming months and all that SI San Bernardino will accomplish!

*President Michelle*

## Imagine, Spark, Activate

### Club Calendar

- 11-1 Business Meeting**
- 11-4 Daylight Savings Time Ends**
- 11-22 Thanksgiving Day**
- 11-27 Board Meeting**



### Websites

(SI) [soroptimistinternational.org](http://soroptimistinternational.org)  
(SIA) [soroptimist.org](http://soroptimist.org)  
(GWR) [goldenwestregion.org](http://goldenwestregion.org)  
(SISB) [sisanbernardino.org](http://sisanbernardino.org)

## December Adjustments

Mark your calendars to reflect the schedule changes affecting the meeting schedule to show the following:

December 6 Business Meeting — cancelled.

Holiday Auction is scheduled for December 7 (Friday)

Ornament Exchange is set for December 13 (Thursday).

Board Meeting is cancelled for the month of December.

**Happy Birthday**

There are no birthdays this month



# Soroptimists Are The Key

SI of Riverside hosted the District 1 Fall Meeting on October 5 and 6, at the Calvary Presbyterian Church in Riverside. The San Bernardino club was represented by President Michelle, Vice-President Gladys and Secretary Barb. Soroptimists Are The Key was the theme of the event with District 1 Director Deb Murphy responsible for the agenda and program speakers. An important point that was made was "Be the club people want to join." It was stressed that making membership joy-filled will encourage members not only to join but to continue as a member for a longer time of service. The Live Your Dream and Dream It, Be It programs were discussed stressing the

importance for all clubs to participate in both programs, especially the Live Your Dream program.

SIA Past President, Dawn Marie Lemonds, spoke on the SIA convention in Yokohama, Japan, in July. She noted the December 10 President's Appeal selected by the SI President for 2017 / 2019 is Western Water and Leadership. More information can be obtained on the SI website.

For those interested, there are plans underway for a cruise to Alaska for a Region Fund Raiser. The dates are August 25, 2019 through September 1, 2019. They will depart from Seattle and cruise north,

stopping at several ports and tourist sights and return to Seattle. Additional information and a flyer are available on the Region website.

Any member interested in extending her Soroptimist wings beyond the club, please consider volunteering to be a part of the bigger picture by serving on a Region committee for the 2019/2021 biennium. Contact Governor-elect Laurie Moses if interested.

The 2019 Fall Meeting will be hosted by SI Corona. Plan to attend in October 2019.

## Savor The Flavor event

Once again the members of SI San Bernardino rose to the occasion and completed a most successful fund raising event known as Savor The Flavor. October 27 was the date and this year's event was held in the Scottish Rite Temple in San Bernardino. Attendance was more than double what it was last year and the venue was easier to work with by allowing more space. The bidding for the live auction was active to say the least and while the totals were not available at the time of the newsletter release, the feeling is that we earned more money from the live auction than last year. The food was catered by Dickey's BBQ on North Park Boulevard in San Bernardino and there were many compliments of how

tasty it all was. Thanks to all who worked hard to set up prior to the event, to take care of registration, the serving of the food at the buffet, the handling of the auction items and tallying the bids as well as clean-up of the tables after the event was over and the cleanup in the kitchen. As in the past, there are lessons to be learned after the event in anticipation of what can improve for succeeding events. The members can look forward to these positive discussions.

Mike Gallo, as always, was the perfect auctioneer. He makes it fun and entertaining and he's good at urging the bidding to go higher. Auction items have the

magic touch of Judy who makes them enticing and attractive which encourages the bidding.

Thanks to the Inland Empire Brewers (the Ritual Brewing Co, 3 Iron Brewing Company and Main Street Brewers) for providing the craft beers for sampling and the lessons on how to grade the beer, Christy deserves the credit for their arrangements. Thanks also to the many sponsors who contributed and they are listed in the program. Big THANKS to all who pitched in and worked so hard!

Time to kick back, put up your feet and enjoy a beer!

## Mama's Rules for Livin'

By Mamie McCullough

Ideas don't work until you are willing to work.

Use the replacement theory — replace negative with positive.

An apology is a good way to have the last word,

Put gratitude in your attitude.

# It's Ho! Ho! Ho! Time

The holiday season is getting close and the members are preparing for 2 of their annual holiday events.

First is the Holiday Auction on December 7 at the Native Son's Parlor. Flyers will be sent with the necessary information. Members are asked to donate items to be auctioned as well as finger foods and beverages. There is no admission to attend, but all are encouraged to check out the auction items and to bid as generously as you can. Watch for more information on

the flyers.

The second holiday event is our ornament exchange. It will be at Sheila's home once again and as in the past, members are asked to bring finger foods and beverages for refreshments. Each member is also asked to bring a wrapped Christmas ornament. They can be whimsical, glamorous, large or small or unique and colorful. Hobby Lobby, Pier One, Jo Annes or World Market are some shopping suggestions.

The process for exchanging the ornaments will be explained. Just remember it is all in fun as you may select a package and the ornament may be taken away from you by another member. You then get to select another one so that everyone goes home with an ornament.

Sheila's decorations are always beautiful and it is a great time to celebrate the season together. The date is December 13. so mark your calendar!

## Membership

The club has added a new member with Pat Balthazor signing up and paying dues. It was great to see Roberta Bamert (a former member) at the beer fest and your editor was told she asked to renew her membership and once again be a part of the club. It was also noted that another guest was impressed by who we are and what we do and she too asked to join. There is no available information to pass on yet, but as soon as it is confirmed, their names will be

added to the Roster and updated sheets will be sent to all members. Just like that, the club has grown to 12 members! Hopefully, this is just the start of our recruitment efforts. Any member who knows of a prospect is encouraged to invite them to the Holiday auction and/or the ornament exchange. Both would be a good time to get to know us and to become aware of the organization's goals as well as how the club engages in accom-

plishing the goals which are designed to help women and girls. Just one suggestion from each member could possibly double the membership.

Are you up to the challenge?

## Are you Pooped?

From Why You Say It — by Webb Garrison

Lots of people find themselves pooped at the end of a hard week. Some manage to function when feeling this most or all of the time. Don't go searching in the bathroom or barnyard for the background of this term. We use it today because our ancestors took to the sea for most of their long-distance journeys.

Englishmen headed toward the New Worlds found that violent waves did most damage when they crashed against the stern or poop, of a vessel. Strong winds and turbulent water could last for weeks.

Any ship that lurched out of a long bout with nature was sure to be badly "pooped" —lucky to be afloat after days of pounding.

Sailors who described the splintered stern of a ship to buddies in the tavern or to family at home frequently confessed that they felt as pooped as their vessel looked. Landsmen who heard the sea-going expression borrowed it and put it to use. As a result, we still turn to it in order to describe our feelings in times of total fatigue.

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(Refer to picture on Page 1)  
After the planning and executing a project such as the Beer Fest, it is safe to say that many members felt pooped from their efforts. Recovery can be quick and the members are ready to move on to the next project with as much enthusiasm as with the first one. Our inspiration is knowing that we are working together to help women and girls less fortunate than we are.



### **Making a Difference for Women**

*Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment*

S.I. San Bernardino  
P. O. Box 1372  
San Bernardino, CA 92401

President .. Michelle Gomez  
Vice-President .. Gladys Weems  
Secretary .. Barb Cooper  
Treasurer .. Lupe Castaneda  
2-Year Director .. Cathie Weber  
1-Year Director .. Judy Holbeck

### Meetings

1st Thursday  
6:30 p.m.

Our Lady of the Assumption School  
796 West 48th Street  
San Bernardino, California 92407

## Ideas to Ponder

All you need is love,  
but a little chocolate now and then  
doesn't hurt.

Charles M. Schultz, American cartoonist  
(1922—2000)